

Quest Food Management

Recipe Sizing Report

000712 - sandwich- turkey meatball sub : ns1p	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service Number of Portions: 1 Size of Portion: serving	Meat/Alt: 2 oz Grains: Fruit: Vegetable: Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
903384 meatball turkey baked greco 201396.....	5 (1 meatball)	
900339 sauce- marinara san benito greco.....	2 ozs	
903572 bread- alpha wheat diamond jim 31454....	1 each	
901970 cheese mozzarella 2% shredded gfs.....	1 oz	

*Nutrients are based upon 1 Portion Size (serving)

	Calories	372 kcal	Cholesterol	54 mg	Sugars	*3.9* g	Calcium	330.55 mg	33.80%	Calories from Total Fat
Total Fat	13.98 g	Sodium	1173 mg	Protein	26.82 g	Iron	3.19 mg	5.95%	Calories from Saturated Fat	
Saturated Fat	2.46 g	Carbohydrates	36.86 g	Vitamin A	644.6 IU	Water ¹	*0.00* g	0.00%	Calories from Trans Fat	
Trans Fat ²	0.00 g	Dietary Fiber	3.93 g	Vitamin C	10.2 mg	Ash ¹	*0.00* g	39.62%	Calories from Carbohydrates	
								28.83%	Calories from Protein	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Product Specification Buon Gusto Turkey Meatball

Product Code # BVBTKXXX Case Code- Julian Date Year (DDYY) Time (HH:MM:SS) Count (xxxx)

Pack size- 10# Box 160 Cases Per Pallet 20 Break/8 Rows

Description- Buon Gusto Baked Turkey Meatball

Product Specification: Fully Baked IQF Turkey Meatball

Raw Material Specification:

Turkey – Turkey meat dark without skin

Turkey – MSC turkey meat

Non-meat Raw Materials- All are U.S.D.A. Inspected

INGREDIENTS: TURKEY, MECHANICALLY SEPARATED TURKEY, WATER, SEASONING (non fat dry milk, granulated onion and garlic, spices, sodium phosphates, caramel color, parsley flakes, silicon dioxide), SOY PROTEIN CONCENTRATE, BREADCRUMBS (unbleached wheat flour, salt, yeast), CONTAINS LESS THAN 2% OF THE FOLLOWING: EGG WHITES, ROMANO CHEESE (pasteurized sheep's milk, salt and rennet, rice flour), SOY LECITHIN.

Allergens: Eggs, Milk, Soy & Wheat.

Grind: 5/8"-3/4" First Grind and 1/8" Final Grind with Bone Collection System

Organoleptic Qualities: Acceptable Taste and Color within Normal Expectations for this Type of Product

Bacteria Levels: Within normal Range for GMPs

Shelf Life: 12 Months at 0°F

Label Specifications: Label contains all Information Required by U.S.D.A.

Container Specification: 32ECT test Corrugated Glued and Taped Brown Box Printed Label

Product Packed 2-5 LB Sealed Bags in one 10 LB Box

Case Dimensions- 11 1/2 x 7 5/8 x 7 5/16

Case Cube- .41

Shipping Container Specification: 160 Cases per Pallet-8 Rows of 20 Cases- Shrink Wrapped

Nutrition Facts

Serv. Size: (100g) Servings:
Amount Per Serving: **Calories**
160, Calories from Fat 60,
Total Fat 7g (11% DV),
Saturated Fat 2.5g (12% DV),
Trans Fat 0g, **Cholesterol** 55mg
(19% DV), **Sodium** 610mg (25%
DV), **Total Carbohydrate** 6g
(2% DV), Dietary Fiber 1g (5%
DV), Sugars 2g, **Protein** 17g,
Vitamin A (2% DV), Vitamin C
(2% DV), Calcium (10% DV),
Iron (10% DV), Percent Daily
Values (DV) are based on a
2,000 calorie diet.

Keep Frozen

Keep Frozen

Buon Gusto Baked Turkey Meatballs

INGREDIENTS: TURKEY, MECHANICALLY SEPARATED TURKEY, WATER, SEASONING (non fat dry milk, granulated onion and garlic, spices, sodium phosphates, caramel color, parsley flakes, silicon dioxide), SOY PROTEIN CONCENTRATE, BREADCRUMBS (unbleached wheat flour, salt, yeast), CONTAINS LESS THAN 2% OF THE FOLLOWING: EGG WHITES, ROMANO CHEESE (pasteurized sheep's milk, salt and rennet, rice flour), SOY LECITHIN.

HEATING INSTRUCTIONS: Heat in your favorite sauce to 165° F and serve.

Manufactured by: Buona Vita Inc., Bridgeton, NJ 08302



NET WEIGHT 10 LBS



Revised
12/3/12



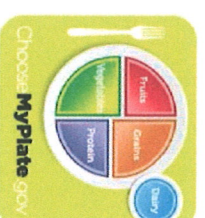
USDA Foods Fact Sheet for Schools & Child Nutrition Institutions

Visit us at www.fns.usda.gov/fdd

(last updated, 09-18-12)

100034 – CHEESE, MOZZARELLA, LITE, SHREDDED, FROZEN, 30 LB

CATEGORY	<ul style="list-style-type: none"> Meat/Meat Alternates
PRODUCT DESCRIPTION	<ul style="list-style-type: none"> Lite mozzarella cheese is made from cows' milk and other ingredients such as enzymes and salt. It contains less fat than regular mozzarella cheese, with a maximum of 10.8% milk fat. Lite mozzarella cheese is an important source of calcium and also provides protein, Vitamin A, and phosphorus to the diet. The cheese should exhibit a smooth pliable body; shredded cheese should be free flowing, not matted or with excessive fines.
PACK/YIELD	<ul style="list-style-type: none"> 30 lb case. One 30 lb case AP yields about 120 cups shredded cheese and provides about 480.0 1-oz servings cheese. One lb AP yields about 4 cups shredded cheese and provides about 16.0 1-oz servings. CN Crediting: 1 oz cheese provides 1 oz-equivalent meat/meat alternate; ½ oz provides ½ oz-equivalent meat/meat alternate.
STORAGE	<ul style="list-style-type: none"> Store mozzarella cheese frozen in its original container at 20°F or lower until needed for use. Store cheese out of the airflow in the cooler so it does not pick up any off-flavor air spores common in coolers. Once mozzarella cheese is exposed to air, mold and dehydration may occur. To protect cheese from mold, always work with it in a clean area. Re-wrap cheese with new plastic wrap each time opened for serving and place in its original container or other sealed container. Double-wrap if cheese will be used more than a week after opening. Use First-In-First-Out (FIFO) storage practices to ensure use of older product first. Use First-In-First-Out (FIFO) storage practices to ensure use of older product first.



Nutrition Information

Cheese, mozzarella, part skim milk

	½ oz (14 g)	1 oz (28 g)
Calories	37.5	75
Protein	3.25 g	6.5 g
Carbohydrate	0.25 g	0.5 g
Dietary Fiber	0 g	0 g
Sugars	0 g	0 g
Total Fat	2.125 g	4.25 g
Saturated Fat	1.5 g	3.0 g
Trans Fat	0 g	0 g
Cholesterol	7.5 mg	15 mg
Iron	1.4 mg	2.7 mg
Calcium	100 mg	200 mg
Sodium	24 mg	47.5 mg
Magnesium	3.5 mg	7 mg
Potassium	13.5 mg	27 mg
Vitamin A	100 IU	200 IU
Vitamin C	0 mg	0 mg
Vitamin E	0.5 mg	0.10 mg



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L. Wiginton
 Larry Wiginton, QA Manager
 6/27/2014

Nutritional information summary for the school dietician

Wheat Diamond Jims 24T

Serving Size: 1 Roll
 Servings per Pack: 24
 Serving Weight: 57 Grams
 2.0 Oz

Product # 31454
 2.00 School Bread Servings
 (Whole Grain-Rich)

Whole Grain:	18.3 Grams each	52% of total Flour
Enriched Flour:	17.1 Grams each	48% of total Flour
Total Flour:	35.4 Grams each	17.7 grams of total flour per each bread serving

ALLERGEN Statement: Contains: Wheat.

Nutrient*	Per Serving	% RDA	
Calories	144.09	7%	INGREDIENTS: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), High Fructose Corn Syrup, Yeast, Wheat Gluten, Contains 2% or less of the following: Soybean Oil, Salt, Dough Conditioners (Calcium Stearoyl Lactylate, Mono & Diglycerides, Ethoxylated Mono & Diglycerides, DATEM, Sodium Stearoyl Lactylate, Ascorbic Acid, L-cysteine, Azodicarbonamide, Calcium Peroxide, Enzymes), Yeast Nutrients (Calcium Sulfate, Monocalcium Phosphate, Ammonium Sulfate), Calcium Propionate and Potassium Sorbate (Preservatives).
Calories from Fat	19.10		
Protein (gm)	5.92		
Carbohydrates (gm)	25.99	9%	
Dietary Fiber (gm)	2.35	9%	
Total Sugars (gm)	3.96		
Total Fat (gm)	2.14	3%	
Saturated Fat (gm)	0.69	3%	
Poly Fats (gm)	0.84		
Mono Fats (gm)	0.84		
Trans Fats (gm)	0.02		
Cholesterol (mg)	0.00	0%	
Sodium (mg)	283.99	12%	
Calcium (mg)	62.67	6%	
Iron (mg)	1.38	8%	
Phosphorus (mg)	83.80	8%	
Potassium (mg)	94.43	3%	
Magnesium (mg)	25.31	6%	
Zinc (mg)	0.59	4%	
Thiamine (mg)	0.27	18%	
Riboflavin (mg)	0.15	9%	
Niacin (mg)	2.43	12%	
Folate (mcg)	32.56	8%	
Vitamin A (IU)	0.00	0%	
Vitamin B6 (mg)	0.06	3%	
Vitamin C (mg)	0.00	0%	
Vitamin D (IU)	0.00	0%	
Vitamin E (mg)	0.27	1%	

* Nutritional analysis is computed from databases.
 "Per Serving" information is unrounded and based on product weight.

Definitions:

"1.0 School Bread Serving" = "1oz of bread, at least 16g flour per oz"

"Whole Grain-Rich" means at least 8 grams of the flour is WHOLE GRAIN (per serving), and the remainder of the flour, if any, is Enriched.

Quest Food Management

Recipe: 000731 sauce, house spaghetti meatles

Recipe HACCP Process: #2 Same Day Service

Recipe Source: 2012

Recipe Group: MISCELLANEOUS

Alternate Recipe Name:

Number of Portions: 1

Size of Portion: gal

9035671 sauce marinara san benito greco.....	1 pouch	In a large stock pot- using pan spray- spray the pot prior to adding the ingredients.
900031 WATER.....	52 OZ	
900443 BASIL LEAF.....	2 OZ	
002047 SALT TABLE.....	1 TBSP	Add 1 (#10) can of Spaghetti Sauce then using the can add 1/2 can of tap water. Add salt, pepper, garlic and oregano to the pot.
114657 PEPPER BLACK, GROUND.....	1 TBSP	Simmer for 2 hours, stirring often.. you might need to add additional seasonings- be sure to taste as it simmers.
799903 GARLIC, GRANULATED.....	2 TBSP	

*Nutrients are based upon 1 Portion Size (gal)

Calories	1934	kcal	Cholesterol	0.00	mg	Protein	49.79	g	Calcium	47.30	mg	21.92%	Calories from Total Fat
Total Fat	47.10	g	Sodium	22381.95	mg	Vitamin A	5869.25	RE	Iron	26.03	mg	0.01%	Calories from Saturated Fat
Saturated Fat	0.02	g	Carbohydrates	317.41	g	Vitamin A	29346.18	IU	Water ¹	*1473.82*	g	*0.00%*	Calories from Trans Fat
Trans Fat ¹	*0.00*	g	Dietary Fiber	48.63	g	Vitamin C	496.03	mg	Ash ¹	*20.24*	g	65.65%	Calories from Carbohydrates
												10.30%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - denotes optional nutrient values

Miscellaneous	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt.....	0Z			? - Milk
Grain.....	0Z			? - Egg
Fruit.....	cup			? - Peanut
Vegetable.....	cup			? - Tree Nut
Milk.....	cup			? - Fish
Moisture & Fat Change				? - Shellfish
Moisture Change.....	0%			? - Soy
Fat Change.....	0%			? - Wheat
Type of Fat.....				

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
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